

And Just like that its April Welcome back to our monthly updates with whats going on with us at Secret ANGELS

LUNCH 'n' LEARN CLUB

In conjunction with our sister company MMAS Foundation Our Lunch 'n' Learn in Luton runs on Thursdays from 12.30-3.30. All are welcome who require help and support with everyday living . Sessions are only £5 which includes a light lunch. Participants will have opportunities to socialise and participate in life skills and activities. Above all its a fab place to build confidence and make new friends.



learn more contact MMAS enquiries@mmasfoundation.org.uk

We are now taking registrations for our Employability Skills Club

This skills set club will allow participants to gain key tools to support them into the workforce. The curriculum will cover a diversity of subjects and opportunities to gain qualifications and core work experience opportunities

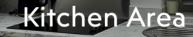
COMING SOON

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Our Respite Stepdown Accommodation based in Luton was devised to offer a safe space for adults who may require support. **Accommodation** is available for any self care managed adult clients.

Prices start from £50per night.

Front Of The Building





Single Bed– Bedding and Pillows Provided

Respite 'a short period of rest or relief from something difficult or unpleasant'



Blinds and Curtains to entrance

for privacy



Smart TV with internet access

1.4.2



Offering excellent and affordable support and community-based social services to individuals and families from Luton and surrounding areas Please do drop us an email to discuss your needs further Email: enquiries@secretangelspa.co.uk

Tel: 01582 536 064



Email: enquiries@mmasfoundation.org.uk

A big difference for little people

