

And Just like that its April Welcome back to our monthly updates with whats going on with us at Secret ANGELS

## LUNCH 'n' LEARN CLUB

In conjunction with our sister company MMAS Foundation Our Lunch 'n' Learn in Luton runs on Thursdays from 12.30-3.30. All are welcome who require help and support with everyday living . Sessions are only £5 which includes a light lunch. Participants will have opportunities to socialise and participate in life skills and activities. Above all its a fab place to build confidence and make new friends.



learn more contact MMAS enquiries@mmasfoundation.org.uk

## We are now taking registrations for our Employability Skills Club

This skills set club will allow participants to gain key tools to support them into the workforce. The curriculum will cover a diversity of subjects and opportunities to gain qualifications and core work experience opportunities

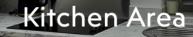
## **COMING SOON**

1

**Our Respite Stepdown Accommodation based in Luton** was devised to offer a safe space for adults who may require support. **Accommodation** is available for any self care managed adult clients.

Prices start from £50per night.

Front Of The Building





## Single Bed– Bedding and Pillows Provided

Respite 'a short period of rest or relief from something difficult or unpleasant'



**Blinds and Curtains to entrance** 

for privacy



Smart TV with internet access

1.4.2



Offering excellent and affordable support and community-based social services to individuals and families from Luton and surrounding areas Please do drop us an email to discuss your needs further Email: enquiries@secretangelspa.co.uk

Tel: 01582 536 064



Email: enquiries@mmasfoundation.org.uk

A big difference for little people

