## NOVEMBER We LOVE teamwork

## **NEWSLETTER**

This fab group are the faces who support and lead Lunch 'N' Learn. The programme is linked to our sister company MMAS Foundation. The sessions takes place every Thursday and are open to any adults who require support and would like to build on their social skills.



Some of the SecretANGELS team who volunteered their services at the recent Love **Luton Runfest.** 

The morning was spent marshalling the run route.

positive fantastic with inspiring participants and fantastic weather.





We have had the pleasure going out into the communit and attending a variation of health and wellbeing events.

Secret

A bespoke quality service to a diverse community

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